

THE JOURNAL OF THE  **AMERICAN SAILING**

# AMERICAN SAILING

## ASA RELEASES ALL NEW BASIC KEELBOAT BOOK - SAILING MADE EASY

**A**SA debuted Sailing Made Easy, the completely new and updated version of its Basic Keelboat (ASA 101) text in mid February at the Miami International Boat Show. Sailing Made Easy, a 120-page, richly illustrated, full color textbook is the first of two books that will later replace ASA's well-known Sailing Fundamentals book, which has been used as the text for both the Basic Keelboat and Basic Coastal Cruising (103) courses.

ASA Executive Director Charlie Nobles offered these comments about the new book. "We actually started discussing the project back in 2006. The concept then was to do a thorough update of Sailing Fundamentals.

*continued on page 3*

*Students will have the opportunity to try out ASA's newest publication, Sailing Made Easy, as they sign up for the basics.*



## LIVING THE DREAM • SURVIVING TO LIVE THE DREAM EACH DAY BY LES LEGG



*Les and Helen Legg*

**T**here is 'living the dream' and then there is 'living the dream you couldn't have even imagined' – that's where I am. Let me start at the beginning. I was born with Cystic Fibrosis, and my parents were told that I would probably not survive to see my teens. As it turned out, I learned to sail when I was fifteen – loved it and sailed as much as I could.

My prognosis had changed – I now would probably not live to see my twenties.

*continued on page 4*

### INSIDE THIS ISSUE

- >> Featured Sailboat Seaward 32
- >> Sailing Destination St. Petersburg, Fla.
- >> Circumnavigators Stephen Mann
- >> Book Review The Last Run
- >> Featured Facility Nelson Sailing Center
- >> Instructor Tips Using your Senses



*Enjoy the spectacular setting offered by the all-suite Marriott hotel in the 2010 Member's Week event.*

### ***Members Week 2010 - Clearwater Beach, Fla.***

The ASA Member's Week was created to get both sailing and non-sailing members of the family together for a week of vacation in various locales around the world. It provides an opportunity for the non-sailing members of the family to sample sailing without any pressure or to just be able to go to the beach.

The sailors in the family always find others to sail with even if the rest of the family decide to do something else. The event often ends with participants finding new friends and telling their old friends about the life-changing experience they just had.

This year the event will be held from September 10 to 17 at Clearwater Beach with so much to see and do you might even want to come early or stay later.

Guest accommodations will be at the all-suite Marriott hotel located on Sand Key, facing the protected waters of Clearwater Harbor and overlooking the small boat venue. One of "Trip Advisors" top beach destinations in the US is just across the street with pristine, white sugar sands for sun bathing and swimming. It is the perfect location for trying out your first small boat or for the experienced sailor to try something new like a Hobie Wave.

Participating ASA schools from the Central West Coast Florida area will join the event with a variety of different keelboats to sail in all different brands and sizes showcasing their facilities. Make new friends at the island party or at the dress-like-a-pirate contest and BBQ. Pack up your camera, sun block, swimsuit, sailing gloves and your best pirate costume for a fun-filled week of sailing and camaraderie in Clearwater Beach, Fla.

*For more detailed information on this exciting event go to ASA's home page at [ASA.com](http://ASA.com) or contact Captain Jean Levine at: [info@twocansail.com](mailto:info@twocansail.com).*

# The Charley Noble

ASA is excited to announce the newest flotilla event to be held September 2 to 11, 2010 in Croatia! It's going to be a unique sailing vacation experience in one of Europe's hottest cruising destinations with lots of history, culture and fantastic food.

Explore with us the Croatian coast with its centuries-old romantic little ports and picturesque islands protected by medieval castles. Visit the palace of Roman Emperor Diocletian and other historic sites. Croatia is the "in" sailing destination of Europe.



The flotilla leaders will be Jean "John" De Keyser and wife Mila who know the region. They will take you on this unique odyssey to sample the beauty and culture of the Balkans. We will be chartering Jeanneau and Beneteau sailboats at very reasonable prices. The

flotilla participants will meet up on September 2, and may do an optional guided visit to Split on Friday, September 3. We will cruise the islands from September 4 through September 10. Check the ASA website for additional details.

ASA also returns to the San Juan Islands and the Gulf Islands of British Columbia this summer led by flotilla leader Roger Philips. This has been an extremely popular event. The waters are pristine and the wildlife is spectacular.

Come join us on a flotilla!

*"Charley Noble" is the old time nautical name for the smokestack over a galley ... So I'll try to keep any "hot air" in the American Sailing Journal confined to this column.*

## THE AMERICAN SAILING JOURNAL

[www.american-sailing.com](http://www.american-sailing.com)

[info@american-sailing.com](mailto:info@american-sailing.com)

ASA PRESIDENT . . . . . Cynthia Shabes

ASA EXECUTIVE DIRECTOR . . . . . Charlie Nobles

ASA EXECUTIVE EDITORS . . . . . Heather Watt  
Kathy Christensen

STORY EDITORS . . . . . Heather Watt  
Charlie Nobles

ART DIRECTOR . . . . . Kathy Christensen



Check out more of ASA's new text, *Sailing Made Easy*, online at [ASA.com](http://ASA.com).

## ASA Survey Winners!

*We really appreciate the few minutes so many of you kindly gave us in completing our 2009 Members' Survey. We learned a lot about you that will help us improve what we offer you in terms of member benefits and events. For example, we learned that three-quarters of you plan to charter a sailboat away from home over the next year and — after the BVIs and Caribbean in general — your favorite destination was the Mediterranean. As a result, we've added a flotilla in Croatia. So, congratulations to the winners of our survey contest listed below who each received a great personal flotation device from BlueStorm. We hope to see you on one of our ASA flotillas soon!*

*We wish to extend a special thanks to our friends at BlueStorm for providing the prizes for each of the winners.*

*Adam Keen  
Greenville, NC*

*Michael Ferraro  
Eagan, MN*

*Heather McMahon  
Newport, NH*



*P.S. One of the winners, Adam Keen is featured in the ASA Member Profile. Check out his story on page 7.*

## FEATURE STORY

*continued from page 1*

After some discussion, we decided not only to replace *Sailing Fundamentals* with two separate books, but to strive for the highest possible quality and have ASA be the author and publisher of the books.

Having the same book (*Sailing Fundamentals*) for two different courses had always been slightly awkward. A student who completed 101 and later enrolled in 103 would often be given a second copy of *Sailing Fundamentals*. Another difficulty was that it was not clear to students which material in the text was required for the 101 versus the 103 course.

Beyond the need to have two books rather than one, ASA wanted the texts to be written from our ASA sailing instructors' point of view to capitalize on the vast collective teaching experience of these sailing professionals.

We also decided that the advantages of publishing the book ourselves, rather than relying on a third party to print and distribute our text, outweighed the cost and logistical issues.

The American Sailing Association standardized keelboat education in the United States and is its foremost authority on the subject. Our number one goal became producing a textbook whose quality left no doubt about our status as the leader in sailing education.

So, we gathered a group of our most experienced instructors for the writing team, researched the book packager/illustrator team responsible for the highest quality sailing text any of us could find on the bookstore shelves and rounded up the best, most experienced sailing photographer, sailing experts and sailing editors. The result is impressive, and we think *Sailing Made Easy* will be the standard for excellence in sailing education for years to come!

I encourage you to go to our website at [www.ASA.com](http://www.ASA.com) and follow the link from the home page to view sample page spreads from the book like the one shown above.

Even though you likely have a copy of *Sailing Fundamentals*, we think you'll want a copy of *Sailing Made Easy* for your sailing library. To make buying a copy easy, we're making a special members-only offer for you to buy a copy for just \$12.95 plus shipping, if you order before April 15. For more information, go to [ASA.com](http://ASA.com).

We'll be redoing all our keelboat series textbooks at the same quality level over the next few years, so we'll keep you posted.

## LIVING THE DREAM

*continued from page 1*

In my twenties, I graduated from university with a law degree, opened my own law firm and continued to sail in the summer.

In my thirties, my health began to deteriorate and daily activities became more difficult. My lungs were finally giving out after years of disease – sailing became something, 'I used to do.' At the age of 39, I was placed on oxygen-assisted living. Days were difficult with four to five hours of physiotherapy and constant shortness of breath. My world was becoming very small.

Despite my circumstances, I had faith that somehow my life would be better, and that gave me hope – something very powerful that I held on to.

I never gave up. I tried to make the most of what I had, always knowing that there was someone worse off than me. My dream was to be off oxygen support and to be able to walk a few steps without being short of breath.

### *An Answered Prayer*

After being on oxygen support for 10 years, my prayers were answered on August 3, 2003, when I received a life-saving, double-lung transplant. Just 18 days after my surgery, I was home, off oxygen and able to walk around the block, something I had not done for over 10 years.

Now I am living a life I couldn't have dreamed of before my lung transplant. I am back sailing in a big way. I recently obtained my instructor's certification for the Basic Keel Boat, Coastal Cruising, Coastal Navigation and Bareboat Cruising levels after attending an Instructor Qualification Clinic (I.Q.C.) at Puget Sound Sailing Institute in Tacoma, Washington.

At the end of the I.Q.C., I told Mike Rice, the instructor examiner, my story. Mike said that I had been on an amazing journey, and that he never would have guessed that I had a double-lung transplant.

Since my transplant, my wife and I have been sailing in the Caribbean, Florida Keys, Mexico, California Coast and just about anywhere else we can find a sailboat.

When you have lived with and through illness, you appreciate that health is everything. Notwithstanding my health problems prior to my lung transplant, I still made every day count and did the most I could do within my limitations.

Now that I can breathe and am no longer restrained by physical barriers, there is nothing standing between me and the fulfillment of my dreams. Every day is a gift, and



*After years of maintaining hope and striving for everything possible, a lung transplant offered new life.*

my wife and I live every moment to the fullest. We are always looking for new horizons to cross.

If you suffer from ill health or a disability, or if you have a family member that suffers from ill health or a disability, never give up hope – make the most of what you have, life is precious.

If you enjoy good health, live every day – never put things off, life can change in an instant. Follow your dreams, the only thing standing between you and the realization of your dreams is you.

I never listened to anyone who said I wouldn't or shouldn't be able to do this or that and neither should you. Start right now – get yourself active, it's never too late, start making your dreams come true.

### *Looking to the Future*

So what's next for me? My wife and I hope to start an ASA school in our area – to get more people out sailing and especially persons with health limitations to perhaps fulfill a dream they thought would never come true.

Am I living my dream? No, I never could have dreamed what I am doing now. I hope my story inspires others to take up sailing or to just get active, but more importantly, to never give up hope even in the darkest of days. I truly believe that hope and the loving support of my wife, family and friends kept me alive until medical research found an answer for me.

I also hope that my story will help others consider organ donation. Without the courage and generosity of a family who lost a loved one, I would not be here today.

I do not know who my donor was, but I always carry his memory with me, especially when I am out on the water sailing without a care in the world. See you on the water – I'm the guy with the big smile.



Since 1989

800-441-8672

619-223-6253

www.sdsa.com

## START BAREBOATING THIS SEASON!! Private Live-Aboard Sailing Programs

Do you dream of chartering a new beautiful sailing yacht in the Caribbean or reaching south to Mexico and beyond aboard your own voyaging yacht? Since 1989, its been a reality for many of our students and it can be a reality for you too when you learn to sail from one of our ASA certified sailing instructors. Our sailing program is designed for those who are seeking the skills required to Bareboat Charter from an international company such as The Moorings or Sunsail; or are interested in private sailboat ownership. Through our sailing program you can become certified to expand your own sailing experience. Our sailing coaches are USCG licensed Yachtmasters and certified sailing instructors. We have been to many charter bases around the world, both professionally and as customers. We can tell you firsthand about different locations and fleets of sailboats around the world and help you plan your dream bareboat charter, or give unbiased advice on acquiring a family sailing yacht.

If you fly to San Diego, an SDSA.com instructor will meet you at San Diego's Lindberg Field and bring you to Shelter Island Yacht Basin. Upon arrival, you'll board one of our beautiful 30' sailboats. All are limited editions specifically purchased and outfitted to teach the art of sailing. All running rigging is color-coded and labeled. All of our yachts are equipped with all the gear sailors need to prepare for chartering including Stackpac mainsails, roller furling headsails, rigid boom vang, custom deck layouts, Yanmar and Universal inboard diesel engines, wheel steering, self-tailing winches, propane stoves, and BBQ's. There are also full linens and towels onboard for your comfort. Just show up and sail. Unlike other sailing schools, our private courses do not exceed two students.

*After docking each evening, your instructor departs the boat and students may stay aboard to begin experiencing the fun, privacy, and thrill of life aboard a yacht.*

The seven-day 103/104 ASA Basic Coastal Cruising/Bareboat Chartering certification is our most popular program. A typical day might include a 15-mile close reach in the ocean to Mission Bay, or you may set sail for South San Diego Bay where Glorrietta Bay is located. You'll learn new skills like piloting, and sailing a yacht using a chart, the buoys, and the hand-bearing compass. You'll get practice at steering in waves, and gybing in the ocean. Heaving to, reefing, man overboard recovery, docking under sail and power are all taught in this class. Students will practice planning a sailing trip on the spot with various wind and tide conditions and pick the best locations for the day. Late in the afternoon, students will dock and the instructor departs the boat.

At the end of this class, students get to bareboat on their own for two days. You'll leave with an ASA Bareboat Chartering Certificate, two days of logged bareboat time and a confidence that can only be gained through experience.

email: [sailing@SDSA.com](mailto:sailing@SDSA.com)



### Confidence Through Experience

Prices indicated are for TWO (2) STUDENTS, GROUND TRANSPORTATION AND PRIVATE LIVE-ABOARD PRIVILEGES!			
ASA/Certification Cert Levels	3-Day	5-Day	7-Day
101/103 BS/BCC	\$2,100	\$2,600	\$3,100
101/103/104 BS/BCC/BB	CHALLENGE CLASS \$2,300	\$2,800	\$3,300
103/104 BCC/BB	\$2,150	\$2,650	\$3,150
104/105/106 BB/CN/ACC	\$2,900	\$3,400	\$3,900
104/105/106 BB/CN/ACC Catalina 42	\$3,900	\$4,650	\$5,400
<b>YES! These prices are for two people, NOT per Person! There are no additional charges associated with our course!</b>			
***For the best learning experience, take the 7-day, 5 days of instruction, followed by two beautiful days of solo bareboat sailing.			

**NEW Now Available:** Bristol yachts for Bareboat Charter. No club to join. ASA 103 or Higher. Professional deckhands available. All yachts are equipped with furling, windlass, autopilot, GPS, RADAR, chartplotter, inverter, dinghy bbq grill and more. Go to Mexico or Catalina or just enjoy our new end tie at the Kona Kai Resort.

2002 Catalina 42 MK II 2 cabin pullman, 2004 Hunter 41 2 cabin aft master, \$2450/week or \$7700/month. Insurance included. See www.sdsa.com for details.

## FEATURED FACILITY • NELSON SAILING CENTER

*by Captain David Bell*

If sailing is inherently environmentally friendly, how do you make a sailing school greener? By using re-chargeable electric motors to get your fleet of instructional and rental boats away from and back to the dock? Okay, but how do you take it to the next level of green? How about harnessing the wind to provide the electricity that charges those motors, and while you're at it, use that same wind to power your office and classroom facility.

That's the idea of Gordon M. Nelson II, owner of Nelson Sailing Center on Toms River in Island Heights, N.J. "The wind conditions that make Barnegat Bay and Toms River one of the best sailing areas in the country also enable us to charge our boats' electric motors and will generate the energy to heat and cool our new building," says Gordon. "There is no greener way to sail."

He is building a 5,000 square-foot, state-of-the-art sailing school facility that incorporates the latest environmentally-friendly technology and materials, or as Gordon puts it, "a green building serving a green business." Construction is with insulated concrete forms, a process that results in a highly energy-efficient structure that will be easy to heat and cool with power generated by the steady sea breezes that blow across Barnegat Bay.

### *A Lovely Location*

"People compare the Toms River area to Annapolis and Newport as a center of sailing activity, except we don't have the commercial traffic and fickle winds," says Jenny Nelson, the Sailing Center's operations manager, a USCG-licensed captain and ASA-certified instructor who also happens to be Gordon's sister. "Our location just inside the mouth of Toms River allows beginners to develop their sailing skills on protected waters with ideal winds. For the more skilled and adventurous, Barnegat Bay is just minutes away, with great destinations for day and overnight trips. People also appreciate Island Heights - our picturesque waterfront community that has been attracting sailors, artists, and vacationers for more than 100 years with its soothing breezes and Victorian charm."



*Nelson Sailing Center offers experienced instructors in a state-of-the-art facility. The Nelson family has been part of Toms River sailing history for many generations.*

### *For more information*

Visit [www.nelsonsailingcenter.com](http://www.nelsonsailingcenter.com) or call Nelson Sailing Center at (732) 270-6510.

She ought to know: the Nelsons have deep roots in the area. The coveted Commodore's Cup Trophy is awarded to one of the 13 yacht clubs with the most participation in Barnegat Bay races. It is dedicated in memory of their grandfather, George Nelson, for his many contributions to the sailing community. Their father, Gordon M. Nelson I, was a marine engineer with a passion for sailing who planted the seeds for Nelson Sailing Center when he founded Nelson Marine Basin in 1965.

Nelson Sailing Center features a wide range of ASA-certified courses, with Basic Keelboat (ASA 101) taught on 23-foot Ensigns.

"The Ensign is a time-tested design, perfectly suited for Barnegat Bay," according to Gordon.

As students become more proficient and confident, they can work their way up the region's largest fleet of rental boats, including O'Days, Hunters, Sabres, and other monohulls up to 35 feet in length, as well as a 30-foot catamaran.

*continued on page 21*

## ASA MEMBER PROFILE • ADAM KEEN

I was introduced to sailing by my father at a young age. I first sailed with him on a 28-foot Irwin, and I have been hooked ever since.

My father taught me a lot about the ins and outs of sailing, including the rules of the road, the many parts of a sailboat and boat navigation. He continued to sail on many makes and sizes of sailboats throughout my high school and college days, and I continued to sail and learn from him. It was through his guidance that I realized how sailing can be such a big part of one's life and how much there is to learn.

Although there have been many wonderful sailing experiences over the years, one of the most recent ones stands out. It was a combination of two trips. When I graduated with my MBA in December of 2008, I knew I wanted to take a little vacation and fine-tune my skills on the water. So I enrolled in the basic keelboat course at the ASA's, Annapolis Sailing School. I traveled to Annapolis in May and took the basic keelboat course from John Mallonee. It just so happened that the week I was attending the course, no one else had registered. I was fortunate to have a one-on-one class for a week with a veteran sailing instructor.

Each day, we would devote the morning to classroom work and the afternoons to sailing. Every day was a learning experience. The sailing instructor's navigational skills and overall knowledge of life on the water was unparalleled. It was truly a thrill to sail with John. We sailed Monday through Thursday on the 24-foot Rainbows; and on Friday, John and I took the Hunter 36 for a five-hour sail.

My experience at the Annapolis Sailing School was first class. I chose to go there because my father had attended many of their sailing courses in the past, and he expressed how much he learned and how knowledgeable all the instructors were. My expectations were exceeded when I took the ASA course. I completed my basic keelboat certification and plan on attending more ASA schools where I can further my knowledge of sailing and navigation.

After attending the Annapolis Sailing School and sailing the 24-foot day sailors, I realized I would like a boat of that size so I could sail on the waters around eastern North Carolina. After much research, I found the boat I wanted. It was a 19-foot Flying Scot. I traveled with my father to Deer Park, Md., to meet with Harry Carpenter, the owner of Flying Scot. Harry and his staff build Flying Scots in Deer Park, and my father and I were able to view the manufacturing process and learn more about



*Adam Keen enjoys a run across the water in his Flying Scot. After learning to sail from his father, he was keen to hone his skills by learning with ASA's Annapolis Sailing School.*

the boat. I even had the opportunity to sail with Harry on Deep Creek Lake while I was there.

Following our visit, Harry and his staff began to build FS5900. I would take ownership of this Scot when they finished building it in June. When June arrived, Harry notified me that he would be in North Carolina during the weekend of June 20 and 21, the weekend of the 52nd Annual North Carolina Governor's Cup on Kerr Lake. Harry and I agreed to meet at Kerr Lake, and I would take ownership of the boat there. We would also sail my Scot in the Governor's Cup against 15 others in the Flying Scot class.

This was my first time sailing in a regatta, but definitely not my last. We won each of the three races and won the overall North Carolina Governor's Cup. Needless to say, I was hooked. That weekend was one of the most memorable moments I have had on the water. I hope to continue to learn more about the ins and outs of racing and continue to crew and captain in many races to come.

I became an ASA member because I wanted to become part of an organization that was centered around sailing and training others in navigation and the many aspects of sailing. I know that being a part of ASA allows you to gain experience in the classroom and on the water. Members are constantly surrounded by veteran sailors who are willing to share their knowledge and experiences on the water. Joining ASA was an easy decision for me and one that I am happy to have made.

I am thankful to my father for getting me on the water at a young age. He taught me the importance of safety on the water and the many do's and don'ts of sailing. The things I have learned while on the water carry over to everyday life, including patience, hard work and perseverance.

## FEATURED SAILBOAT • SEAWARD 32RK

The Seaward 32rk was born from the desire of boat builder Nick Hake to have a sailboat that could make sense in the waters of Nick's home state of Florida. There, warm, pristine waters are everywhere. However, water deep enough for a fixed keel sailboat is not as common, particularly in the unspoiled, out-of-the-way places Nick and his family sought, since they lived and worked in congested southeast Florida.

To complicate Nick's fantasy, he also wanted to take the family across the Gulf Stream occasionally, a sometimes-challenging, 65-mile ocean passage, to island hop through the Bahamas. And maybe put the boat on a trailer and haul it to Maine one summer to escape Florida's heat.

Obviously, his dream has become a reality. But when it was still only a dream, there were sailboats that could do quite well in the shallows. Also, there were boats that could handle a rough Gulf Stream crossing. But the shoal-keeled boats designed to sail the flats quickly became ungainly in open water, and the deep-keeled, offshore boats quickly got stuck trying to navigate inshore passages. There were no boats that could do both well.

The Seaward 32rk became a reality for Nick about nine years ago when Hake Yachts, LLC of Stuart, Florida, introduced the first 32rk at the Annapolis Sailboat Show in 2001. The boat is unique and quite fascinating. It sails well in shallow water as well as offshore. An additional appeal to sailors is the boat's ability to retract its foils and put its nose up on a sandy beach.

The heart and soul of the boat is a clever, vertically retracting keel that moves up and down according to the whim of the captain. The key word here is "vertical." It doesn't pivot or swing or fold. It goes up and down in a trunk, much like a dagger board on a small sailboat. If the water is shallow, an electric motor brings the keel up to proper draft. The keel has a 2,000-pound, solid lead, torpedo-shaped bulb at its lower tip, making it possible to also control the boat's stability by moving the ballast where it's most needed. If the wind pipes up and you're in deep water, putting the keel further down stiffens up the boat considerably.

Nick even uses the keel like an electric anchor in shallow water, lowering it until it hits bottom. This keeps the boat stationary while the family takes a swim or a walk on the beach. The keel has a range of draft from six and a half feet to 20 inches, and can be positioned anywhere within that range to suit sailing conditions. The rudder moves vertically as well, and is set manually to match the depth of the keel.



### *For more information*

*For more about the Seaward 32rk and 26rk call 772.287.3200 or go to [www.seawardyachts.com](http://www.seawardyachts.com).*

The beauty of the moving keel lies in its simplicity. Moving parts are few: a drum style winch driven by a 12-volt motor is housed in a fiberglass compartment on deck, far from any salt water. The keel itself is hung by quarter inch stainless cable, routed through bronze turning blocks attached to the upper portion of the keel. All the moving parts are dramatically engineered, and designed specifically for a saltwater environment. The system has worked so well that Hake Yachts introduced an almost identical smaller sister to the 32rk, the 26rk a few years after the first 32 was launched.

Since the boat has a minimal draft of 20 inches, it goes on and off a trailer much like a 28-foot powerboat. No marina help is needed. Putting the mast up and down is something a sailing couple can easily do with the help of Hake's optional mast raising gear. Nick says it takes about an hour from launch to sailing, and with the boat's on-board winches doing the heavy lifting, no strenuous physical effort is necessary.

The Seaward 32rk is a thoughtfully conceived and well crafted sailboat, and includes a great many niceties as standard equipment. Included in the base price are: full battened mainsail, roller furled 135 Genoa, three cylinder Yanmar diesel, Andersen stainless, self-tailing winches, electric refrigeration, wheel steering, large head compartment with separate shower, two burner stove, catbird seats in the cockpit as well as a hot and cold cockpit shower and more.

"Sail Without Boundaries" is the Hake Yachts tagline that appears in their advertising and stationary. It seems to sum up their boat and their philosophy quite nicely.



## CIRCUMNAVIGATORS • LEAVING THE PACIFIC

*By Captain Stephen Mann*



*Captain Stephen Mann, along with girlfriend, Kathleen, encountered beautiful ports along with intense challenges as they circumnavigated the globe by way of the five capes.*

**T**he Pacific Ocean covers approximately 42 percent of the planet's surface. It is the largest single feature of the planet, bigger than all the land masses put together and bigger than all other bodies of water combined. I have been sailing on it for the last 26 years and have been an ASA instructor since 1992, but I never sailed out of the Pacific.

I have wanted to sail around the world for longer than I can remember. Every account I read of globe circling racers and circumnavigators excited my desire. Whenever a sailing student innocently inquired how far I had sailed, my secret shame burned inside. I had never left the Pacific. I had never rounded the Horn.

### *The Final Decision*

Finally the decision was made. Believing that the best boat to use is the one you have, I decided to take my home around the world, by way of all five great capes. My own boat is a custom-built 39-foot, fin-keeled, staysail-sloop. I came to this decision during a long, slow delivery from Hawaii to San Diego, so when I returned I told my girlfriend Kathleen of my plan. She didn't say no, in fact, she said she wanted to go along.

What followed was almost two years of preparation and saving. I pulled all the deck hardware, repainted, rebedded and refastened everything. We bought charts,



food and lots of toilet paper. We hauled the boat and repainted top and bottom. We pinched our pennies and saved. We looked for sponsors, but found none. Eventually, the boat was ready and so were we. The only thing we needed was more money. Because of our budget shortfalls, we knew we couldn't stop very often or be gone for too long. We decided to try to sail around the whole world in one season, which could be stretched to about eight months.

On October 20th, 2008, we left San Diego. Hurricane season hadn't ended, but the odds of a late season storm were low and we watched closely. We made a quick stop in Cabo San Lucas to take on diesel, prescription medications and unwashed eggs, then sailed due south to Easter Island. We spent five days on Easter Island, locally known as Rapa Nui. We rode bikes around the island and checked out all the giant statues called Moai. We bought some fresh vegetables, and then continued on our way.

*continued on next page*

## CIRCUMNAVIGATOR

*continued from previous page*

Next up, Cape Horn. Before we made the Horn, we got our first taste of 60-knot winds, which arrived on Kathleen's 40th birthday. She took it a little personally. We were really getting south now. Then, on summer solstice, Dec. 21st, we rounded the Horn at 56 degrees S. What a great feeling to pass this famous island. After rounding the Cape, we sailed north to the eastern entrance of the Beagle channel and visited both Pt. Williams, Chile and Ushuaia, Argentina. We spent both Christmas and New Year's in the southernmost city in the world.

On January 6th, we sailed out of the channel and east to South Georgia Island, made famous by Captain Shackleton when he sailed there from Elephant Island in a small open boat to rescue his crew. When you see the giant glaciers and vertical rock on which nothing grows but moss, it's hard to believe anyone could climb over it. The island is surrounded by icebergs, seals and penguins, some of whom seemed to think we were the mothership come to take them home.

### *Leaving on a Friday*

After a couple of days we sailed away, bound for Cape Town. We had been underway since October, so I didn't worry too much when it turned out that we left on a Friday. Big mistake. We began breaking things. The windvane broke; then we ripped the vang off the mast during a jibe. The starter motor failed, and thus we had no engine. We were surrounded by ice: lots of ice, big and bigger and small all together. For a three-day period we steered a serpentine course through a dense field of rock hard ice that put us in extreme peril. We nearly decided to stop the boat for fear of collision when it became too dark to see. Finally, we cleared the ice field only to have the autopilot fail due to a broken weld. We decided to detour to the only place around.

Tristan Da Cunha is the most remote inhabited island in the world, but they have a welder. We contacted them via Hamm radio, so they knew we were coming. This island and its people were a highlight of the trip. They fixed us up, fed us and sent us on our way. By stopping and starting again, we shook off the bad Friday luck and continued on to Cape Town, South Africa.

In Cape Town, we spent a week and a half fixing stuff and buying more food and fuel. We made new friends who took us all around and showed us the area. I had some much-needed dental work and it was time to go. Next up, Australia.

In Ushuaia I met a famous French sailor and circumnavigator who told me "Do not underestimate the Indian Ocean."

*continued on page 21*



*In circumnavigating by way of the five capes, Stephen and Kathleen traveled into the icy waters of the world's southernmost points, surrounded by only icebergs, seals and penguins.*

### *For more information*

*For more, visit Captain Stephen Mann's website at [www.svtawodi.com](http://www.svtawodi.com).*

## WHERE AM I?



© 2007 - GeoEye - All rights reserved

ANSWER ON THE ASA WEBSITE AT [WWW.ASA.COM](http://WWW.ASA.COM)



## GULFCOAST SAILING AND CRUISING SCHOOL

LEARN TO SAIL, TWO BOATS WITH  
INSTRUMENTAL INSTRUCTIONS, FLORIDA

Learn to sail the 22ft. boat and become a confident and knowledgeable sailor with excellent Florida's leading 42ft sailing school.

Instructional and water-safety programs. Hands-on instruction in navigation, chart work and pleasure boating.

Be world-classly prepared, immediately comfortable from the **Spring** program. Start

- Basic Sailing (100)
- Basic Cruising (100)
- Advanced Cruising (100)
- Advanced Cruising (100)
- Advanced Cruising (100)
- Advanced Cruising (100)
- Advanced Cruising (100)
- Advanced Cruising (100)

22ft Sailing, 100  
42ft Cruising, 100  
42ft Cruising, 100  
42ft Cruising, 100  
42ft Cruising, 100  
42ft Cruising, 100  
42ft Cruising, 100  
42ft Cruising, 100

www.gulfcoastsailingschool.com  
1-800-888-8888

## Sailing Great Courses, New Adventures



### The End!!

The End!!

### Florida...

Florida...



**Check Out Our Courses Live Up to Course and Adventure**

Northern Breeze Sailing School
www.NorthernBreezeSchool.com  
www.NorthernBreezeSchool.com
www.SailingBreeze.com

# SAILING DESTINATION

*St. Petersburg & Clearwater, Florida*



*With numerous ASA schools and charter companies, Florida's Gulf Coast offers sailors from around the world the opportunity to enjoy its warm waters.*

**T**he west coast of Florida offers turquoise green waters gently lapping along pristine white sand beaches; a warm place where some of the most magnificent sunsets in the world can be experienced. As sure as the sun sets into the sea, not a day goes by that you can't see the dolphins rolling and playing in your bow wave. Stroll barefoot down miles of sugar sand beaches looking for seashell treasures like sand dollars or baby conch. Here, where the sun shines year around and the prevailing winds are from the east, the water is smooth even when the wind is blowing twenty knots. Where exactly is this magical

destination? Just a short drive west of Tampa International airport is Clearwater Beach.

## *Beauty and the Beach*

Variety is a key characteristic of the St. Pete/Clearwater area and Clearwater Beach, one of the area's most popular beach destinations with gentle surf, a bustling marina, a new pedestrian-friendly boardwalk, restaurants and shops. Getting around is both easy and fun. The Jolly Trolley, a brightly painted red and yellow old fashioned trolley can take you up and down Clearwater Beach and the surrounding area with

ease. So, hop aboard and check out this sampler of places to go and things to do on Clearwater Beach.

If you are in the mood for some direct beachfront fare, you can't beat Frenchy's Rockaway Grill, famous for its fresh fish caught daily, and the nearby Palm Pavilion Beachside Bar and Grill, where you can listen to an acoustic guitarist while sipping your umbrella drinks. Walk down the beach to Pier 60 for the nightly sunset festivities. You never know just what you will find, from jugglers and fire-eaters to musicians and artisans selling their goods.

## By Captain Jean Levine and Deborah Holland

### *Ready to go?*

*Experience the best of Clearwater by joining ASA's member event. Go to ASA's home page at [ASA.com](http://ASA.com) or contact Jean at: [info@twocansail.com](mailto:info@twocansail.com)*

*For more information about the St. Petersburg and Clearwater area, please visit [www.visitstpeteclearwater.com](http://www.visitstpeteclearwater.com).*

Visit the Clearwater Marine Aquarium, famous for rescuing a bottlenose dolphin named Winter, who lost her tail (and nearly her life), when she became tangled in a crab trap. The world watched as Winter got a prosthetic tail and has since inspired thousands around the world with her will to survive. You can spend a day visiting the Aquarium, meet Winter and get personal with the other rescued dolphins, sea turtles and otters. You can even go to behind-the-scenes tours and interactive programs like Trainer for a Day, Day with a Dolphin, and the Dolphin Encounter.

### *Coastal Cruising*

North from Clearwater Beach, you can explore the beautiful coastline – including America's number-one-rated beach in 2008, Caladesi – as well as the sprinkling of islands to the north, like Anclote Key Preserve. A state park and natural preserve that is only accessible by boat, it is home to one of the area's historic lighthouses. Continue up the river to Tarpon Springs, "America's Sponge Capital," where you will be immersed in the Greek history of the town. Visit the sponge docks, souvenir shops and dine on delicious and authentic Greek cuisine and pastries. Don't be surprised to hear Greek being spoken!

Sailing south from Clearwater Beach and entering the channel at "Pass A Grille," you will be cruising past the



*(Above) Spectacular sunsets are a regular occurrence in Florida's Gulf Coast anchorages. (Below) Beautiful white sand beaches offer residents and visitors a place to relax and unwind after a day of sailing the crystal blue waters. Photos courtesy of Visit St. Pete/Clearwater*

historic Don Cesar Beach Resort, where the Pink Palace meets the sugar white sands on St. Pete Beach. This National Register landmark can be seen for miles. Once inside the pass, head north a couple of miles through a bascule bridge and you will find yourself in beautiful Boca Ciega Bay. Anchor off the waterfront promenade of the funky and laid-back town of Gulfport and tie up to the dinghy dock. The town is full of quaint restaurants, unpretentious bars and eclectic artist shops.

The next day, retrace your path. This time, follow the channel to the east through one more bascule bridge and then a fixed bridge and you have now found the short cut into Tampa Bay. From Pinellas Point, the most southern point of the peninsula, you get a spectacular view of the Sunshine Skyway Bridge. It crosses the mouth of Tampa Bay and looks like a tall ship with perpetually golden-yellow sails.

*continued on next page*



## SAILING DESTINATION

*continued from previous page*

Follow the channel north up the bay and visit the area's other pink landmark hotel, the Renaissance Vinoy Resort. Offering both beautiful historical Mediterranean architecture and a modern retreat with a new marina and spa, it is conveniently located on downtown St. Petersburg waterfront. While docked there, you have access to the resort's many facilities just as if you were a guest at the hotel, including room service delivery to your boat. The marina is located within walking distance to a wonderful selection of sidewalk cafés and restaurants.

Now get away from it all – by sailing south from the St. Pete Pier and under the Sunshine Skyway heading west, where you can visit Egmont Key at the mouth of Tampa Bay.

Although it is not a good anchorage for overnight, this state park and wildlife refuge lets visitors roam nineteenth-century ruins of the Spanish American war. This unique, natural barrier island has great history with Fort Desoto, which once defended the entrance to the bay from invaders. It is home to the Tampa ship pilots and the area's other historic lighthouse. The western beach shoals is a wonderful place to find sand dollars and take a dip in the Gulf of Mexico's refreshing waters.

### *ASA Schools & Charter Companies*

There are many ASA facilities to choose from in the area including: Adventures in Sailing, Flagship Sailing, International Sailing School, Sailing Florida Yacht Charters, SailTime Tampa Bay, Sara-bay Sailing, Seaduced Watercraft Adventures and SmarterSail. Check them all out on the ASA website at: [www.asa.com/find\\_a\\_sailing\\_school.html](http://www.asa.com/find_a_sailing_school.html).

Where to go from here? That is the eternal question.

With so much more to explore in the St. Pete/Clearwater and Tampa Bay areas, you'll just have to come back again! If it sounds like a place the whole family can enjoy, I can't help but agree.

*A great way to get a sample of the area is to join the ASA Members Week 2010 this September on Clearwater Beach, where you can get a taste of it all – sailing, eco tours and the most beautiful beaches in the country. See the ASA update on page two for the official announcement.*



*The St. Petersburg/Clearwater area offers families room on its unspoiled sandy dunes while its waters offer leaping sea inhabitants. Photos courtesy of Visit St. Pete/Clearwater*



### **Marriott** SUITES CLEARWATER BEACH ON SAND KEY

#### PERFECT AMENITIES

- 220 Suites with Gulf view and private balcony overlooking the bay
- 7,500 square feet of meeting space – 11 meeting rooms
- Exciting Outdoor function space
- On-site Water Sports – Waverunners, Parasailing & Kayaks
- 7 Restaurants
- 4 Lounges
- 22 Shoppes
- Cascading Waterfall Heated Free Form Pool
- Children's Activity Center for ages 4 to 12 years – Kid's Night Out
- Easy accessibility via the Award Winning Tampa International Airport, 20 miles – 35 minutes

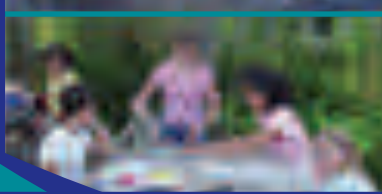
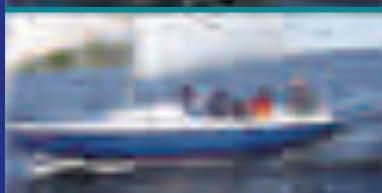
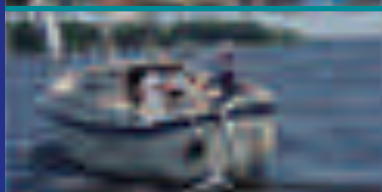
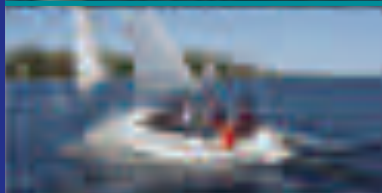
**Going above and beyond.  
IT'S THE MARRIOTT WAY.™**

Clearwater Beach Marriott Suites  
on Sand Key  
1201 Gulf Blvd.  
Clearwater Beach, FL 33767

For more information, call  
**727-596-1100** or visit  
[www.clearwatermarriottsuites.com](http://www.clearwatermarriottsuites.com)

# Nelson has it all . . .

# New Jersey's *complete* sailing center.



Come experience some of the nation's greatest sailing on the beautiful Toms River and Barnegat Bay. Receive sailing instruction from ASA top rated instructors and certified United States Coast Guard Captains while enjoying our friendly staff and excellent privately owned facility. Located just minutes off the Garden State Parkway at Exit 82, you will also find ocean and bay beaches and shore attractions easily reached by boat or car.



American  
Sailing  
Association®

Voted one of ASA's Outstanding Schools for  
2004 2005 2006 2007 2008

## Premier ASA Sailing School

- Basic Keelboat
- Basic Coastal Cruising
- Bareboat Chartering
- Advanced Coastal Cruising
- Cruising Catamaran
- Coastal Navigation
  
- We Teach on *Our* Boats or *Yours*
- Corporate Team Building
- Kids Programs
- Girl Scouts
- Boy Scouts
- Private Lessons
- New Jersey Safe Boating Courses

## Largest Rental Fleet in the Northeast

- 35 Sailboats (from 16' keelboats to 38' catamarans!)
- Rent for 3 Hours up to a Full Season!
- USCG Auxiliary Inspections prior to Every Season
  
- Crewed Charters
- Sailboat Rides
- Sunset and Dinner Cruises
- Gourmet Catering Available
  
- Winter Session in the Caribbean!



ph. (732) 270-6510  
email: [nelsonsailing@comcast.net](mailto:nelsonsailing@comcast.net)  
[www.nelsonsailingcenter.com](http://www.nelsonsailingcenter.com)

PO Box 386  
12 Lake Drive  
Island Heights, NJ 08732

Located on beautiful Galveston Bay 25 minutes from downtown Houston



**ASA** AMERICAN SAILING ASSOCIATION  
Outstanding Sailing School 2006

*We Survived Hurricane Ike!*


**Year round sailing**

- Bareboat/Captained Charters
  - 1/2 Day, Full Day & Weekly Charters
- Sunset Cruises (2 hrs)
- Boat & Breakfast
- ASA Sailing School
  - 101 Basic Keelboat
  - 103 Basic Coastal Cruising
  - 104 Bareboat Chartering
  - 105 Coastal Navigation
  - 106 Advanced Coastal Cruising
  - 114 Cruising Catamaran
- Team Building

**(281) 334-4606**  
505 Bradford Ave., Kemah, TX 77565, e-mail southcoast@southcoastsailing.com


**www.southcoastsailing.com**

**San Juan Sailing**  
Bellingham, WA



Over 25 years experience. Home to Bareboat Charter Cruises on a week long, Double or Triple or Cruise on the beautiful San Juan Islands. Also full day, catamaran, Coastal Navigation, and Advanced classes.

**CHARTER**  
All Equipment Included  
Since 1985



**SCHOOLS**

**www.sanjuansailing.com** 1.800.677.7245

More... **ASA members get special rewards!**  
Call for details now!



**More satisfying destinations**  
**More fun ways to sail**  
**More companions and friendly staff**  
**More value for money**  
It's no wonder more people sail with **Sunsail** than anyone else.






Ask about our ASA members price list.  
Call 877.747.6609 [www.suncoast.com](http://www.suncoast.com)





**SDPBA** *San Diego Powerboating Academy*

**Professional Powerboating Instruction**

[www.sdpba.com](http://www.sdpba.com)



- RPBA Certified•Private liveaboard 3,5,7 day classes•
- Powerboat Bareboat Charters•

**SOMETIMES YOU NEED A POWERBOAT.  
GET CERTIFIED.**



*Ask about  
co nav*

**800-441-8672    619-223-6253**  
**info@sdsa.com**

*Confidence Through Experience*

Prices indicated are for  
TWO (2) STUDENTS, GROUND TRANSPORTATION AND PRIVATE  
LIVE-ABOARD PRIVILEGES!

Certification Levels	3-Day	5-Day	7-Day
<b>101/103</b> BP/BCC	\$2,100	\$2,600	\$N/A
<b>101/103/104</b> BP/BCC/BB	<b>CHALLENGE CLASS</b> \$2,850	\$3,350	\$3,900
<b>103/104</b> BCC/BB	\$2,100	\$2,600	\$N/A
<b>104/105/106</b> BB/CN/ACC	\$2,850	\$3,350	\$3,850
<b>104/105/106</b> BB/CN/ACC Night time Certification	\$3,850	\$4,600	\$5,350
<b>105</b> Coastal Navigation – Home Study \$250			
<b>YES! These prices are for two people, NOT per Person!</b> <b>Fuel not included.</b>			
***For the best learning experience, take the 7-day, 5 days of instruction, followed by two beautiful days of solo bareboat powerboating.			

NEW Now Available: Bristol yachts for Bareboat Charter. No club to join. ASA 103 or Higher. Professional deckhands available. All yachts are equipped with furling, windlass, autopilot, GPS, RADAR, chartplotter, inverter, dinghy bbq grill and more. Go to Mexico or Catalina or just enjoy our new end tie at the Kona Kai Resort.

1999 Bayliner 3388 now available, 2002 Catalina 42 MK II 2 cabin pullman, 2004 Hunter 41 2 cabin aft master. See [www.sdpba.com](http://www.sdpba.com) for details.

## ASA MEMBER BOOK REVIEW • BY MICHELLE HURNI

Title: *The Last Run: A True Story of Rescue and Redemption on the Alaska Seas*

Author: Todd Lewan

Publisher: Harper Collins Publishers; 2004

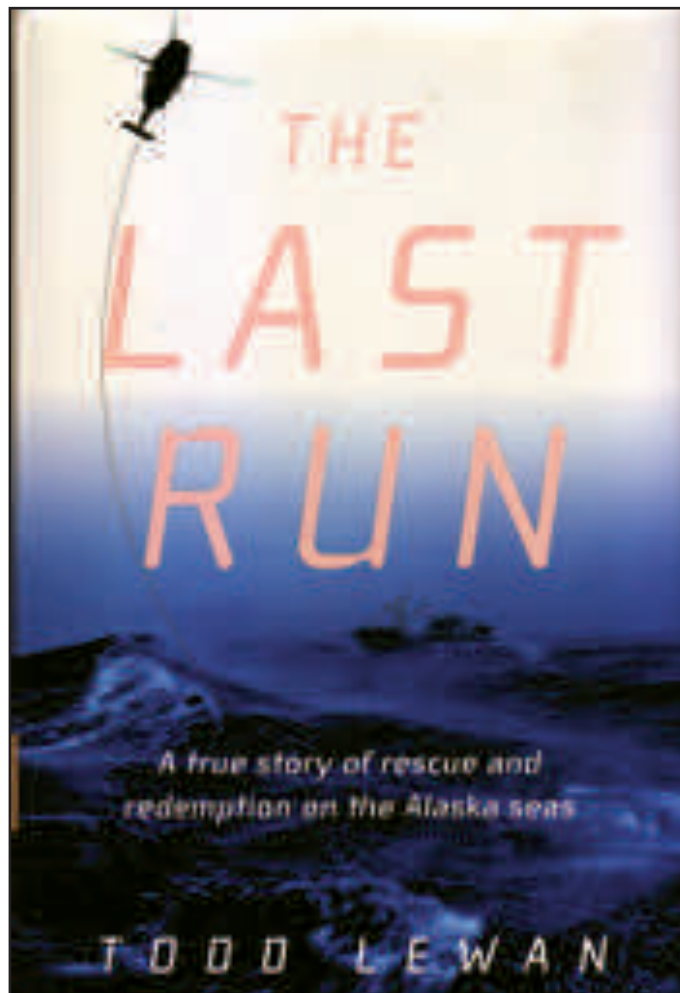
Pages: 368 pages; Hard cover

In classic Perfect Storm style, Lewan recreates all aspects of bad decisions made by the fishing crew and the epic rescue by the Coast Guard in *The Last Run*. Through extensive research, he portrays the voice and details of five men who randomly end up together on *La Conte*, a fishing boat built in 1919. Knowing from the beginning two lives are lost, there's an immediate vested interest in the fishermen's survival. Among those fishermen on the boat is the dishonorably discharged Coast Guard officer Bob Doyle. A loser in life with a soft heart who rescued dogs as a boy, Bob joins the crew of *La Conte* to get out of Sitka. Mark Morley is the new captain of the ship, and the rest of the crew is made up of experienced fisherman Mike DeCapua, Gig Mork and Alaskan native David Hanlon.

The stories of the men range from ex-cons to fathers, all fishing the Alaskan waters for different reasons. Fishing alone 150 miles from shore in January 1998, their lines fill up as quickly as they can drop them. The captain of *La Conte* makes the decision to continue setting lines, even as a hurricane-strength Arctic storm pounds around them. Ignoring generator problems and the advice of his crew, they continue to pull in the lines. By the time they decide to head back to shore with their catch, waves are pressing 50 feet. When the engine gets submerged and shuts down, the crew works together to bail out the boat.

As *La Conte* begins to sink, pages turn faster than the boat takes on water. The old boat is missing its survival raft, so the five men don their survival suits and tie themselves together with buoys in a human chain. Together, they plunge off the side of the boat into darkness.

When the most remote Coast Guard station in Alaska (Sitka) receives the EPIRB alert from *La Conte* at 7:31 p.m., the Coast Guard assumes it's a false alarm; no one would be fishing in those waters. The first H-60 Jayhawk helicopter is launched. The seas are registering at 90+ feet, winds are 75 knots (115 mph), and there is no backup C-130 because of a storm over Kodiak. When the crew reaches open water, the wind continues to pick up. They lose communication with the base but continue on. Eventually locating the survivors, they take their fuel to the edge as they launch the rescue basket time and again. Low on fuel, they return to base with no survivors.



Another helicopter is launched. Again, wind and troughs in the waves make it impossible to get the rescue basket close enough to the survivors. U.S. Coast Guard captain Ted LeFeuvre and Steve Torpey prepare a third helicopter. The fishermen have now been in the water for nearly four hours.

The epic Coast Guard rescue is gripping in detail as LeFeuvre, Torpey and their crew stay out long past their bingo fuel. By breaking the rules, they bring back three out of five fisherman.

*The Last Run* is an intimate look at how the lives of the Coast Guard and the fishermen interconnect for an ultimate outcome of survival in the rescue of the century. This is a captivating read that will remain with you after the last page.

*Michelle Hurni and her husband George are ASA certified Basic Keelboat and Basic Coastal Cruising sailors. They enjoy bareboat sailing in the Seychelles, British Virgin Islands, Croatia and other warm locales. They live in Colorado with their son, Garrett.*

# wow!

You should be on the water too!

*It's easy.*

Whether you're looking for a relaxing weekend getaway or a group of friends looking for a fun day on the water, you can find the perfect boat for your needs. From luxury yachts to affordable powerboats, we have everything you need to make your next boating trip unforgettable.

With over 20 years of experience, we have the expertise to help you choose the right boat for your needs. Our fleet includes everything from classic sailboats to modern speedsters. We also offer a variety of services, including crew, catering, and more.

Call today to reserve your boat and make your next boating trip a truly amazing experience.

**NAUTIC SHARE**  
SAILING FOR EVERYONE

10000 N. 10th Street, Suite 100, Seattle, WA 98122  
206.461.1111

## Bay Breeze

Yacht Charters  
Sailing School  
Yacht Management

Explore Your Own Backyard This Summer



Sailing paradise is closer than you think. Michigan's Grand Traverse Bay is one of the prettiest places you can sail in the world and it's right in your backyard. Sparkling fresh water, protected harbors and comfortably cool summer winds all await you when you sail America's freshwater.



AMERICAN SAILING ASSOCIATION

ASA Affiliated Sailing School

Our Award Course is eligible for all ASA Levels  
Awarded "School of the Year"



Grand Traverse Bay Lake Michigan

www.bbyc.com  
Traverse City, MI

Call Now to Reserve Your Favorite Boat & Dates: 877.941.0535

## ANACORTES YACHT CHARTERS

PACIFIC NORTHWEST ADVENTURES

Rated #1 in the World  
by Cruising World

- Largest Selection of Charter Yachts in the Pacific Northwest
- Bareboat & Skippered
- Power & Sail 28' - 60'
- Charter Yacht Ownership
- Yachting & ASA Sailing Schools



www.byc.com / 800.233.3004

# Need to Escape?

## One Couple Showing One Couple How to Live the Dream!

Cruise & Learn with Jeff & Jean aboard their Skye 51  
in the Bahamas, April & May, 2010

Come Sail with

One couple  
to one couple  
private  
instruction.



Private  
stateroom  
and  
head.



**COUPLE TO COUPLE**

CRUISING CONSULTANTS

CAPT. JEFF GROSSMAN & CAPT. JEAN LEVINE, SA

**727-644-7496 • [www.twocansail.com](http://www.twocansail.com)**

**[info@antiguamarinesurvey.com](mailto:info@antiguamarinesurvey.com)**

# \$125 This coupon is valid for \$125 off your next sailing vacation with Sunsail



### To Reserve Your Sunsail Vacation:

- (a) Call 877 509 8663 and quote code ASAD to redeem the value of this certificate
- (b) The credit will be applied once Sunsail receives this certificate
- (c) **Enjoy your Sunsail vacation!**

### Restrictions

- (a) Must be current ASA Member at the time of vacation and provide ASA number to redeem
- (b) Only one Sunsail certificate may be redeemed per vacation
- (c) Valid on all Sunsail vacations of 5 days or more (new bookings only)
- (d) Expiration date: Book by September 30, 2010
- (e) Not valid during all holidays, special events and regattas. Combinable with other offers up to a maximum of 35% off. Offer is subject to availability and Sunsail reserves the right to withdraw the offer at any time.

**877 509 8663**

**[www.sunsail.com](http://www.sunsail.com)**

**e-mail: [sunsailusa@sunsail.com](mailto:sunsailusa@sunsail.com)**

 **Sunsail**  
Passionate about sailing

 **AMERICAN  
SAILING  
ASSOCIATION®**

*Let us take you there!*

## FEATURED FACILITY

*continued from page 6*

“I’ve always wanted to be able to offer a wide variety of boats so that people can experience the range of hull, cabin and cockpit types available.”

Nelson also offers crewed charters, private and group lessons, clinics and workshops, team building for corporations, New Jersey safe boating courses, winter sailing vacations in the Caribbean, and children’s programs from basic to advanced, including classes tailored to the Boy Scout Small Boat Sailing Merit Badge and Girl Scout Smooth Sailing Interest Project. “My idea is to make sailing available and affordable for anyone who is interested,” says Gordon.



*Nelson Sailing Center offers a variety of different vessels in varying lengths in order to give their students and charterers greater experience and extensive options.*

“Since our beginning as an ASA school twelve years ago, some of our students have gone on to own their own boats, and even achieve national recognition in different one-design racing classes, but our greatest pleasure is teaching people the core skills that enable them to enjoy sailing, then see them follow their own paths, whether that be day sailing, cruising, or racing.”

That philosophy is reflected by the students who have helped make Nelson Sailing Center one of ASA’s outstanding schools from 2004 to 2008, and by Nelson’s

ASA-certified and Coast Guard-licensed captains, including five ASA outstanding instructors of the year.

“My goal is to build the finest sailing facility on the East Coast,” says Gordon. “We have great boats and instructors and a great location. The new building is the last piece of the puzzle.”

Watch for that last piece to be in place this spring, in time for the 2010 season.

## CIRCUMNAVIGATOR

*continued from page 10*

Boy was she right. Crossing the Indian Ocean was our longest leg. At 6,600 miles, it took us 42 days. More than half of that time it was blowing 60 knots. We pull a drogue behind the boat in anything over 40 to help the steering. We pulled the drogue all the way across the Indian. It seemed to be without end, but eventually it did end. We made it to Hobart, Tasmania.

We spent nine days in Hobart, riding bikes and enjoying the land, and then had a lovely crossing of the Tasman Sea to New Zealand. We carried a spinnaker almost all the way across. We passed Stewart Island and turned north up to Dunedin, New Zealand, having now sailed south of all five great capes on the planet. We spent 10 days in Dunedin, again topping the fuel and food and thinking about the last long push for home.

When we left New Zealand, we remained at about 45 degrees south. When we were almost due south of San Diego, then we turned north and stopped at Pitcairn Island, home of the descendants of the Bounty mutiny. What an interesting bunch they are. Two days only, then, on my birthday (June 1st) we left for home.

### *An Overshadowed Return*

By now hurricane season had begun again, and we watched closely as we sailed north. The very first named storm of the season passed south of us and we returned safely to San Diego on Friday morning at 0900, June 26th. All of our TV news and media coverage was cancelled when we had the unfortunate luck of arriving on the very same morning that Michael Jackson died.

We were, however, greeted by a group of local friends and supporters. Total time away, eight months and five days. All in all, it was the adventure of a lifetime. I finally left the Pacific and sailed around the world!



*Advance to New Adventures!*

WITH OUR ADVANCED  
SAILING CERTIFICATION  
COURSE.

**FAIRWIND**  
SAILING SCHOOL

WE ARE CURRENTLY RECRUITING  
FOR OUR ADVANCED COURSE  
FOR THE 2010 SEASON  
FOR THE 2011 SEASON

www.fairwindsailing.com 800.992.2411



## Learn to Sail

with the

# Panama Sailing School

Learn to Sail in the Crystal Waters  
of the Panamanian Pacific and the  
world-famous Pearl Islands.

- Good weather all year round.
- ASA Certified courses.
- Dolphin and Whale watching.
- Amazing places to sail and explore.

Ask for our  
**Sailing Charters too!**

Guatemala 1144 - Panama 1144 - Hoopoe 1144  
1144 - 1144 - 1144 - 1144 - 1144

Call us Toll Free:  
**1.866.324.4052**

or Email us:  
[info@PanamaSailingSchool.com](mailto:info@PanamaSailingSchool.com)

[www.PanamaSailingSchool.com](http://www.PanamaSailingSchool.com)

**Advanced ASA Certifications in SPAIN & MOROCCO**

**CALL TO BOOK NOW: November 4, 2010**  
**November 11, 2010**

**CALL TO BOOK NOW: November 11, 2010**  
**November 18, 2010**

**Modern Sailing School & Club**  
 San Francisco Bay  
 (415) 995-1988 • [ModernSailing.com](http://ModernSailing.com)



**YACHTING**  
 CENTER OF CORPUS CHRISTI  
 Peoples Street T-Head

<b>ASA Sailing School</b>	<b>Bay Cruises</b>
<b>Captained Charters</b>	<b>Dinner Cruises</b>
<b>Bareboat Charters</b>	<b>Sunset Cruises</b>
<b>Yacht Brokerage</b>	<b>Hobie Kayak Dealer</b>
<b>US Coast Guard Approved Captains Training</b> <i>OUPV (6 Pack) &amp; Masters 100T</i>	

**10% Discount on charters for ASA members**

*Visit our website or call for additional information.*  
 Peoples St. T-Head Corpus Christi, TX 78401  
 361-881-8503 [www.yachtingcc.com](http://www.yachtingcc.com)

*~ A Serious School for Serious Sailors ~*

*"The Maryland School of Sailing & Seamanship boasts an impressive staff of offshore-savvy instructors and is notable for its high level of organization and dedication to real ocean sailing." ~ Blue Water Sailing Magazine*

At the Maryland School of Sailing and Seamanship we are dedicated to helping people become competent sailors of cruising yachts with the skills to cruise in remote areas away from the immediate support and distractions of modern society. We offer a full range of courses from beginning to ocean passagemaking. To date we've completed over 200 ocean training cruises and are known worldwide for our advanced program. However, like all pursuits, being the best at what you do means being *really* good at the basics. At the Maryland School, our basic level program is as strong as our ocean program, and we take it just as seriously. You won't find a "fast track" here. Our ASA101 and 103 level courses are each four full days in length, our ASA104 training cruise is 5 days in length and our ASA106 level cruises are a full 8 days and cover 350-450 miles. All of our classes are taught aboard rugged Island Packet cruising yachts by highly skilled USCG Licensed Captains. The result? Our students can back up their credentials with excellent onboard skills and are well prepared to move on to advanced cruising.

**THE Maryland School**  
 OF SAILING & SEAMANSHIP

Email: [office@mdschool.com](mailto:office@mdschool.com) • Phone: 410-639-7030 • Fax: 717-235-0908  
[www.mdschool.com](http://www.mdschool.com)

**AMERICAN SAILING ASSOCIATION**

P.O. BOX 12079, MARINA DEL REY, CA  
90295-3079 TEL: 310/822-7171  
WWW.AMERICAN-SAILING.COM

PRESORTED  
STANDARD  
U.S. POSTAGE  
**PAID**  
ANAHEIM, CA  
PERMIT NO. 514

## INSTRUCTOR TIP

*By Captains Lisa Frailey and Andy Batchelor*

### Sailing Requires All Six Senses: Part I of II

**M**ost sailors have one or two dominant senses on which they rely. But which senses should sailors focus on? All six of them! Experience has taught us that all six senses are important to good sailing and safe cruising. In this two-part series, learn to recognize how each sense can enhance your sailing success!

**Sight.** Sight enables us to judge distances, find navigation marks, and set sails. Train your eyes to detect other less obvious clues. Rusty screws may indicate a leak; puddled water on the salon floor may be the start of a much larger problem. An exposed cotter pin may tear sails or skin; dark clouds approaching foretell significant weather. Recognition and timely action turn a visual clue into a problem's solution.

**Sound.** Sailors learn early to listen to the sails. Trim the sails to reduce the luffing, and the boat sails better. Boats make all kinds of sounds, and it takes time and close attention to discern the unusual from the normal. You probably recognize the sound of the fresh-water pump cycling – but should it be cycling now, when everyone is topside? Was that engine rpm change caused deliberately, or is the engine losing power due to fuel starvation? Don't ignore your boat's sounds – investigate to verify their source. We once ignored the recycling of a fresh-water pump, only to discover a broken water hose and the cabin sole awash in our drinking water supply!

**Touch.** Feeling the wind is important for more natural sailing. Sailors get “in the groove” by feeling a constant angle of heel, in concert with sail trim. Adjusting for



*While setting the anchor, feel the anchor chain or line for vibration while watching two objects. Each tells if the anchor is holding or dragging.*

gusting and shifting wind conditions then comes easily. Feel for vibrations in the anchor chain to indicate a dragging anchor, and recognize the feel of weather-helm to help adjust your sail trim. If something feels wet that shouldn't be – investigate!

In the next edition, we'll explore the senses of smell, taste, and intuition. Take time to develop all your senses.

*Captains Lisa Frailey & Andy Batchelor are the owners and primary instructors for Sail Solomons, based in Solomons, Md. They teach ASA courses through ASA 106, with Docking and Weather Endorsements. Their winter home and classroom is aboard their Passport 47, Zingaro, based in St. Thomas, USVI.*



